

SABA Success Newsletter



SABA Summer Camp 2022 Is "Sun-sational!"



Chatham County's **School of the Arts for Boys Academy (SABA)** has conducted an incredibly successful **SABA Summer Camp** at, and in conjunction with, **[Southwind Retreat Movement Farm](#)** in Silk Hope, NC. This week-long camp in August for SABA boys and their siblings provided campers with a full range of activities that unleashed their physical, creative, academic and emotional potential.

In August 2022, we hosted a SABA Summer Camp at Southwind Retreat Movement Farm in Silk Hope, NC.

We had such a blast with our SABA Kings and their siblings!



Our SABA Kings and friends climbed trees, handled snakes(!), made mud pies, studied tree species, painted rocks, worked on team building, built boats, created tied shirts, went on nature hunts, mastered the art of juggling, blew the world's largest bubbles and did so much more!

We've created a commemorative slide show, filled with highlights from our SABA Summer Camp. Please click on the image to take a look at all the fun!

SABA Founder/Head of School Valencia Toomer commented, "The Spirit of SABA was present every waking moment of our SABA Summer Camp. It was vitally important to the SABA team that we engage our Kings this summer and help to prepare them for an outstanding school year. The building blocks that will be evident when we open our doors to school in August 2023 were all in evidence during camp. We helped our boys experience growth and provided tools to help them flourish in the schools they attend this fall."

Mrs. Toomer also noted, "SABA is committed to establishing an outstanding school, built specifically to empower a diverse community of boys and to position them for success in every aspect of their lives. During camp, it was inspiring to see our mission in action.

"Finally, I need to profusely thank **Dr. Brent Anderson, Elizabeth Ferrin**, the entire Southwind team and our counselors. Their commitment, creativity, and dedication to our students and the SABA mission were outstanding. We could not have asked for a better partner or place to hold our first SABA Summer Camp."



Family Back To School Tips

The School of the Arts for Boys Academy (SABA) will continue to provide our Kings and their families with activities, resources and support throughout the coming school year, while we also finalize our plans for 2023-24. With many area schools on the verge of opening their doors, this week is an ideal time for families to begin transitioning for the new school year. **Here are some tips** to consider so that students are well positioned for success right from day one.

Lots of Sleep: It's not uncommon for children to stay up and wake up later during summer months. Now is the time to lock-in a formal bedtime and plan evening activities to work up to that time. Consider turning off all electronic devices an hour before bedtime to help the winding down process.. Young children especially need 10+ hours of sleep for optimal health. Plan accordingly.

Healthy Starts: Allow yourself plenty of time each morning to provide your child with a healthy balanced breakfast. Children learn better and are more attentive in school when they've had a proper meal to start the day.

Build Your Routine: Work with your child to establish consistency with each school day. Set aside specific times after school for playtime or relaxation, afternoon snacks, doing



homework and other daily occurrences. Consider picking out school clothes and prepping for the next school day each evening. Children of all ages function best when they have customary activities and expectations.

Here's to a successful school year, filled with academic growth and achievements for all our area students!

Facilities/School Opening Update

SABA's opening has been postponed until August 2023. We are excited by the momentum we are experiencing and expect to be able to provide the community with updated information in the very near future.

SABA remains committed to our vision and appreciates the widespread support we continue to receive from our families and the community at large. Thank you!

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